



The CDC reports that depression is estimated to cause 200 million lost workdays each year at a cost to employers of \$17 to \$44 billion.

Mental Health and Substance Use Disorder Services

Good mental health is essential to employee wellbeing and a thriving, productive workforce. But for many employees, behavioral health concerns such as stress, anxiety, depression, and addiction go hidden and untreated, often for fear of a damaged career or reputation, confidentiality concerns, or the stigma of seeking treatment.

In addition to eroding employees' quality of life, untreated mental health and substance use issues cost business billions per year in lost productivity and drive up long-term health care costs in the process.

THE BEACON HEALTH OPTIONS SOLUTION

With more than 30 years of care management expertise, Beacon Health Options is the undisputed leader in delivering specialty mental health and substance use disorder (MHSUD) solutions. Set apart by our singular focus on behavioral health, Beacon is powered by in-house clinical experts committed to the highest standards of care, while our highly collaborative provider networks and community-based partnerships deliver the specialized support your employees and dependents need to recover and thrive.

Most importantly, we tailor every solution to your company's unique needs, helping you improve employee health outcomes, boost productivity and improve your business' bottom line.

SPECIALTY SOLUTIONS

Beacon understands the issues that matter most to you and your employees. In addition to our standard MHSUD product offering, we offer specialty solutions for a wide range of MHSUD concerns, including:

- **Autism Program:** Comprehensive support for children with autism and their families, including Applied Behavioral Analysis services, coordinated care management, and coaching support to help caregivers become stronger advocates
- **Beacon Impact:** A high-touch intervention program for individuals with Serious Mental Illness, featuring integrated professional and peer-based services, intensive case management, and chronic care management to promote total health and reduce reliance on acute inpatient facilities and emergency departments
- **Depression Management:** Support, coaching resources, and clinical care for every level of the care management continuum, including advanced case management for those needing more intensive services
- **Psychiatric Disability Management:** Transition support for employees coming back to the workplace after prolonged time away to recover from behavioral health issues, helping you minimize disability costs and lost work days
- **Psychotropic Drug Intervention Program (PDIP):** Improves medication management by monitoring adherence, analyzing prescribing practices, and identifying any gaps in care

INTEGRATION FOR BETTER OUTCOMES

Because Beacon understands that the most effective treatment incorporates physical, behavioral, and social well-being, we specialize in treating mental illness and substance use disorders on a fully integrated basis, with solutions delivered at the local level. Beacon staff are typically co-located with our

health plan partners to promote better collaboration and enhance integrated case management and utilization management. We also support integration at the provider level, working collaboratively with providers and facilitating integration through practical tools, training, consultations, and assessments.

A ROBUST NETWORK OF SPECIALTY PROVIDERS

Beacon's provider networks are specifically built to support behavioral health and substance use disorder needs, ensuring members have access to skilled specialists and timely care. Our national network spans more than 100,000 behavioral health providers and facilities, with custom networks for individual specialties such as autism, employee assistance, and diagnostic specialty units.

In addition, the Beacon Health Options Signature Network offers 15 top-tier treatment facilities that specialize in intensive treatment options and inpatient care for complex eating disorders, substance use disorders and child and adolescent conditions. Each of the network's facilities provide a high-touch approach to care, including personalized member/family services and a multidisciplinary approach to discharge planning to ensure individuals receive continuity of care as they transition back into the community.

DATA-DRIVEN TECHNOLOGY AND TOOLS

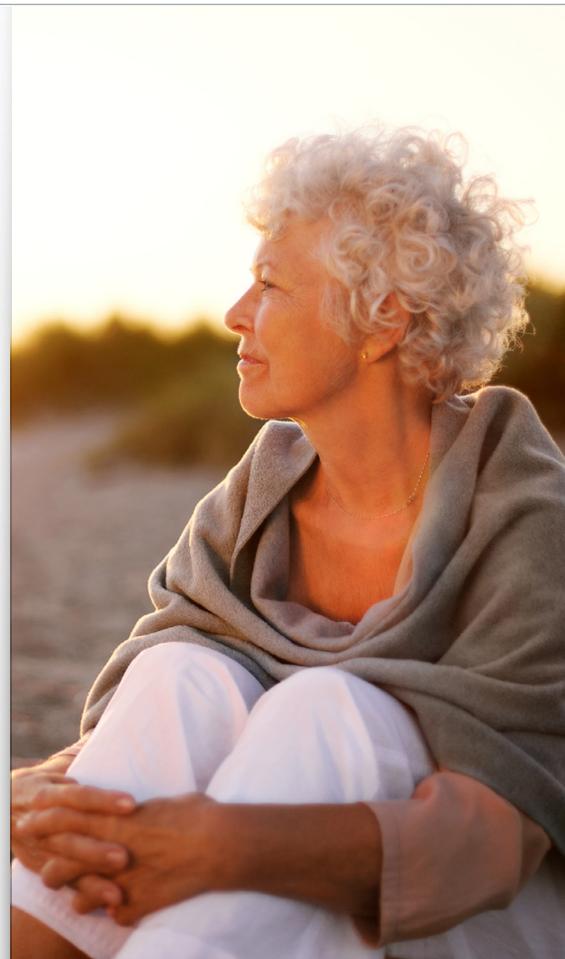
Beacon uses a sophisticated behavioral health system built from the ground up to support the specialized needs of the behavioral health management business. This automated platform captures critical member clinical and demographic information, allowing us to stratify at-risk members and conduct targeted outreach with your employees and dependents, as well as inform individual treatment planning. In addition, our secure, interactive dashboards allow you to develop fully-customizable data and performance statistics so you can make informed, real-time decisions about your MHSUD program.

We also provide mobile, on-demand care through our telehealth service, a video-based counseling platform that allows users to access high-quality treatment services with a licensed provider without having to leave their home or office. Telehealth offers a wide range of behavioral health services—including medication management, behavioral health assessments, therapies and counseling—while giving employees the flexibility they need to access care. In addition to reducing work absences, the ease and privacy of telehealth also reduces the stigma of accessing mental health services for employees, encouraging more of your workforce to receive the care they need.

A LEGACY OF RESULTS

Beacon Health Options has a singular focus on behavioral health. Our mental health and substance use disorder services give individuals and their families the help they need for depression, post-traumatic stress and anxiety disorders, phobia, addiction, and more.

With over 30 years of experience, we are the industry leaders, offering customized behavioral health solutions to meet your populations' needs. The core of every program starts with our clinical excellence, data driven technologies and analytics and experienced, comprehensive provider network.



Over
350
clients



BEACON HEALTH OPTIONS' CUSTOMERS:

- More than 95 national and regional health plans
- 45 Fortune 500 companies
- Large and medium-sized employers
- Taft-Hartley Plans and trade unions
- Non-Profit Organizations
- Colleges and Universities
- Federal, State and Local Governments